

Guidelines for Travel and Visitors 2020

The school's response to the CoVid-19 pandemic is outlined in the Viral and Infectious Disease Outbreak Response Protocol. The most recent version will be found on the school's website. It is based on up to date information from quality sources including the Centers for Disease Control, the World Health Organization and advice from trusted health care professionals. ISH staff and families should be familiar with the actions of the school at each level of the Protocol. The school is advising families and staff to monitor the global CoVid-19 pandemic closely and plan their travel accordingly.

Families and staff must self report all their travel plans so that we can track our students' and staff's whereabouts in case they enter a country labeled at risk by the World Health Organization (WHO), Centers for Disease Control (CDC) or other governing bodies. All families and staff must report their past travel since February 2020 as well as all upcoming travel plans, including April holidays, through an online survey being developed. This survey will be launched shortly through a separate communication.

At Levels 1 to 3 of the school's Viral and Infectious Disease Outbreak Response Protocol, the school requires quarantining for a minimum of 14 days for all those recently returning from a CDC-designated Alert Level 2 or Warning Level 3 country. During quarantine, individuals will not be permitted onto the ISH campuses. In order to be re-incorporated, individuals must have remained symptom free for 14 days. If any symptoms arise, you should seek immediate medical attention and inform the school.

If you plan on hosting a visitor (or a returning family member) from a CDC-designated Alert Level 2 country, your visitor (or family member) must self-quarantine and you and your family must closely monitor your health. If you are hosting a visitor (or a returning family member) from a CDC-designated Warning Level 3 country, your visitor (or family member) and your family must self-quarantine for a period of 14 days if no symptoms are observed. If your visitor or any of your family develop symptoms, then you and your family need to maintain quarantine for 14 days after your last contact with individual showing symptoms.

For those who have traveled within the previous 14 days to a CDC-designated Warning Level 1 country AND who have had contact with individuals with viral symptoms, there will be in effect a mandatory quarantine of at least 14 days. If that Level 1 country's designation has since been upgraded by the CDC, the new classification takes precedence and the above requirements are in force.

It is the responsibility of all families and staff members to plan their trip destinations in order to ensure:

- the maintenance of their own health,
- they are not a risk to others in the ISH and broader Cuban community,
- avoidable absences from school due to travel are minimized.

Please contact Michael Lees, the Principals or Nurse Kareli if you have any questions or concerns.

In partnership.

Michael Lees
Director

Notes:

According to the CDC website (<https://wwwnc.cdc.gov/travel/notices>),

- **Warning Level 3 (Red): Avoid all non-essential travel** to this destination. The outbreak is of high risk to travelers and no precautions are available to protect against the identified increased risk.
- **Alert Level 2 (Yellow): Practice enhanced precautions** for this destination. The Travel Health Notice describes additional precautions added, or defines a specific at-risk population.
- **Watch Level 1 (Green): Practice usual precautions** for this destination, as described in the Travel Health Notice and/or on the Travelers' Health page of the CDC website (<https://wwwnc.cdc.gov/travel/destinations/list>)